

SHARK BITE CANTEEN

AVAILABLE EVERY DAY

TOASTIES

cheese melt	\$2.00
ham & cheese melt	\$2.50
cheese & tomato melt	\$2.50
raisin toast	\$1.50

FRUIT

frozen watermelon or grapes	\$0.50
fresh apple or orange quartered	\$1.50
frozen orange quarter	\$0.20
carrot sticks x 5	\$0.50

SNACKS

hard boiled egg	\$1.00
muesli cup	\$2.50
custard	\$0.50
rice crackers or pretzels	\$2.00
bread sticks	\$0.50
homemade cake slice	\$1.00
veggie chips	\$2.00
honey soy, BBQ, oregano & thyme, Italian	
popcorn	\$0.50
cheese stick	\$0.50
crunch cup: carrots, celery, hummus	\$2.00
healthCMs	\$1.50

DRINKS

plain milk	\$1.50
nudie juice	\$2.50
apple, orange, tropical	

SANDWICHES

gluten free available	
vegemite or honey	\$3.50
deli one filling	\$3.50
cheese, ham, tomato, egg, tuna, alfalfa	
shark bite	\$4.00
tuna, lettuce, mayo	
chicken run	\$4.00
chicken, lettuce, mayo	
rainbow salad	\$4.00
cheese, tomato, carrot, beetroot, cucumber, mayo	

MIGHTY CHOMP WRAPS

whole	\$5.50
half	\$3.50
dory: tuna, cheese, lettuce, mayo	
chicken little: chicken, lettuce, mayo	
babe: ham, cheese, tomato	

HOT FOOD

twista pasta	\$4.50
bolognese or napoletana	
gluten free pasta	\$5.50
bolognese or napoletana	
cheesy pasta	\$4.50
potato with butter	\$2.00
corn on the cob with butter	\$2.00

AFTER LUNCH ONLY

frozen juice	\$1.00
quelch ice block	\$0.50
twisted frozen yoghurt	\$2.50
Bio ice block	\$0.80c

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DAILY SPECIALS

MONDAY

recess: guacamole and corn chips	\$3.50
lunch: sushi	\$4.00
lunch: 5 x steamed dumplings	\$6.50

TUESDAY

recess: crunchy munchy box	\$3.50
lunch: pizza (gluten free available) margarita, hawaiian, supreme	\$4.00

WEDNESDAY

recess: combo fruit salad & smoothie banana, berry, mango	\$5.50
lunch: homemade sausage roll	\$4.00
lunch: pies beef, vego, gluten free	\$5.00

THURSDAY

recess: smoothie banana, berry, mango	\$3.50
recess: berry muffin	\$2.50
lunch: chicken schnitzel burger	\$5.50

FRIDAY

recess: edamame beans	\$2.00
lunch: sushi chicken, tuna, cucumber, avocado	\$4.00